



EMBRACE THE JOY OF PARENTING YOUR 5-12 YEAR OLD



Active Parenting will give you skills to achieve a fuller, more satisfying family life, and to help your children achieve greater happiness and success. This workshop is geared towards parents with children from 5-12 years old and will show you effective ways to:

- Use discipline that really works
- Open up lines of communication—before they get clogged
- Defuse power struggles with your children
- Increase family fun and bonding - building closer relationships

This is a FREE program through Zoom

6 week program

Part 1: Thursdays, September 21- October 5, 2023 from 6:00-8:00 PM

Part 2: Thursdays, October 12- October 26, 2023 from 6:00-8:00 PM

For more information or to register, contact Dawn at (207) 442-7963 X230 or dawn.flagg@mmcacorp.org

You can also register using the QR code below



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