

# CIRCLE OF SECURITY PARENTING

FREE 9 WEEK PROGRAM  
BY ZOOM



At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Your Parenting  
journey is about to  
get easier!

3 DATES AND TIMES  
TO CHOOSE FROM!

Registration is required:

Thursdays, Feb. 3 - March 31,  
2-4 p.m. Contact Missy:  
[melissa.kettell@mmcacorp.org](mailto:melissa.kettell@mmcacorp.org)  
(207) 522-2745

Tuesdays, March 15 - May 10,  
10 a.m.-Noon. Contact Dawn:  
[dawn.flagg@mmcacorp.org](mailto:dawn.flagg@mmcacorp.org)  
(207) 504-2328

Mondays, March 21 - May 23,  
6-8 p.m. Contact Missy:  
[melissa.kettell@mmcacorp.org](mailto:melissa.kettell@mmcacorp.org)  
(207) 522-2745



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