



Active Parenting: First Five Years

Building the Foundation from Birth to 5

4 week program for families with children from birth to age 5.
This program covers:

- Ages and stages of development
- Building a strong bond
- Your child's growing brain
- Effective discipline that young children can understand
- Choices and consequences

Free program over Zoom

Wednesdays, January 26 - February 16, 2022
From 10:00 AM - Noon

For more information or to register contact:
Missy at (207) 522-2745 or email: melissa.kettell@mmcacorp.org.
You can also register online with the QR code below.



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Building better lives for stronger communities

Supported by the Department of Health and Human Services and the Maine Children's Trust