

# CIRCLE OF SECURITY PARENTING



At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Your Parenting  
journey is about to  
get easier!

**FREE PROGRAM OVER  
ZOOM!**

Registration is required

Thursdays, 6-8 p.m.  
Jan 26-Mar 16, 2023

To register, contact Gayle  
gayle.erdheim  
@mmcacorp.org  
or (207) 442-7963 x 271

You can also register using  
the QR code below

